Konzentrationsübung – sorgfältiges arbeiten

Gehen Sie zeilenweise (von links nach rechts) vor

Durchstreichen Sie jedes u, vor welchem unmittelbar ein m steht

Sie dürfen kein u markieren, vor dem kein m steht

Sie dürfen kein m markieren

Gehen Sie so schnell wie möglich vor – je schneller und präziser, desto besser! Max. 7 Minuten!

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1 | u | u | m | m | m | u | m | u | m | m | u | u | m | m | m | u | u | m | m | u | m | u | u | m | m | m | u | m | m | u | u | m | u | u | m | u | m | u | u | m |
| 2 | u | u | u | m | u | m | m | u | m | u | u | u | u | m | u | u | u | u | m | m | m | u | m | u | u | m | m | m | m | u | u | u | u | m | m | m | u | u | m | u |
| 3 | m | m | m | u | m | u | u | m | u | m | u | m | m | m | u | u | m | u | u | m | u | m | u | m | m | u | u | m | m | u | u | m | u | m | u | m | u | m | m | m |
| 4 | m | u | m | u | u | m | u | m | u | u | m | u | u | m | u | m | m | m | u | u | m | m | u | m | m | u | u | m | u | m | m | u | m | u | m | m | u | m | u | m |
| 5 | u | m | m | u | m | m | m | u | m | u | u | u | m | m | u | u | m | u | m | u | m | m | m | u | m | m | m | u | u | u | u | m | u | m | u | m | m | u | m | u |
| 6 | u | m | u | u | u | m | u | u | u | m | m | u | m | u | m | m | m | u | m | m | u | u | u | m | m | u | m | u | m | u | m | m | m | m | u | m | u | m | m | u |
| 7 | u | u | u | u | m | m | m | u | u | u | m | m | m | m | u | u | m | m | u | m | u | m | m | m | m | u | u | u | m | m | u | m | u | m | m | m | m | u | m | m |
| 8 | m | m | u | u | u | u | m | m | m | m | u | u | m | u | m | m | m | m | m | u | m | u | m | u | u | u | m | m | u | m | m | m | u | m | m | m | u | m | u | m |
| 9 | u | u | u | u | m | m | u | m | u | m | u | u | u | m | m | m | u | u | u | m | u | m | u | u | u | m | u | m | u | m | u | m | m | m | u | m | u | m | u | u |
| 10 | m | m | u | u | m | m | m | u | u | m | u | m | m | m | m | u | u | m | u | u | m | m | u | m | m | m | m | m | u | u | u | u | m | m | m | u | u | u | m | m |
| 11 | m | u | m | m | m | u | u | m | m | m | u | u | u | u | m | m | u | m | u | m | m | m | u | u | u | u | m | m | u | u | m | u | m | m | u | u | u | m | m | m |
| 12 | u | u | u | m | m | u | m | m | u | u | u | u | m | m | m | u | u | m | u | m | u | m | u | m | u | u | u | u | m | u | m | u | m | u | u | m | u | m | u | m |
| 13 | m | u | u | u | m | u | u | u | m | u | u | m | m | u | u | m | m | m | u | u | m | u | m | u | u | u | m | m | u | m | u | m | m | m | u | u | m | u | u | m |
| 14 | u | m | m | m | u | m | m | u | m | u | m | u | u | u | m | m | m | m | u | u | u | m | u | m | m | m | u | u | u | m | u | m | m | m | u | m | u | m | m | u |
| 15 | m | m | u | m | u | u | u | u | m | u | u | m | u | u | u | u | m | m | m | u | m | u | m | m | m | u | m | u | u | u | m | m | u | m | u | m | m | u | u | u |
| 16 | u | u | m | u | m | u | m | u | u | u | m | m | m | m | u | m | u | u | u | u | m | m | m | m | u | u | m | u | u | u | m | m | m | m | u | u | m | u | m | m |
| 17 | m | m | m | m | u | u | m | u | m | u | m | m | m | m | u | u | u | m | m | m | u | m | m | u | m | m | u | m | m | u | m | m | m | u | m | u | m | u | m | u |
| 18 | u | u | u | m | m | u | u | m | u | m | m | u | u | u | u | m | m | m | m | u | u | m | m | m | m | u | u | u | m | m | u | m | m | m | u | u | u | m | m | m |
| 19 | m | u | m | u | m | u | u | u | m | m | u | m | u | m | m | m | u | u | u | m | u | m | m | m | m | u | u | u | m | m | u | m | u | m | m | m | u | u | m | u |
| 20 | u | u | m | m | u | m | u | u | u | m | m | m | u | m | u | m | m | u | m | m | m | m | u | u | u | u | u | m | m | m | m | u | u | m | u | m | u | m | u | u |
| 21 | m | m | m | u | u | m | u | m | u | m | m | u | u | u | m | m | m | m | u | m | m | m | u | m | u | m | m | m | m | u | u | u | m | u | m | m | u | u | u | m |
| 22 | m | u | m | m | m | u | u | u | m | u | u | u | m | u | u | u | u | u | u | m | u | u | u | m | m | m | u | u | u | u | u | m | u | u | m | u | m | u | m | u |
| 23 | m | m | u | m | u | m | m | m | m | u | u | m | m | m | m | u | u | u | m | u | m | u | u | m | m | m | u | u | u | m | m | u | m | u | m | u | m | u | u | u |
| 24 | u | u | u | m | m | u | u | u | m | m | m | u | u | m | m | u | m | u | m | u | m | u | u | m | u | u | m | m | m | u | m | m | m | u | m | m | m | u | m | u |
| 25 | m | m | m | u | u | m | m | m | u | m | u | m | m | m | u | m | m | m | u | m | m | u | m | m | m | u | m | m | u | m | u | m | u | u | m | u | u | m | m | m |
| 26 | u | u | m | m | u | u | m | m | m | m | u | u | u | m | m | u | m | u | m | m | m | m | u | u | u | m | u | m | u | m | m | u | m | u | m | m | m | u | u | m |
| 27 | m | m | m | u | u | m | m | u | m | u | u | u | m | m | u | m | u | u | m | m | u | m | u | u | m | m | m | u | m | m | m | u | m | m | u | m | u | m | m | m |
| 28 | u | u | u | m | m | u | m | m | u | m | m | m | u | u | u | m | m | m | u | u | u | u | m | m | m | u | m | u | m | u | m | m | m | u | u | u | m | m | u | u |
| 29 | m | m | u | u | m | m | u | u | m | m | m | u | u | m | u | m | u | u | u | m | m | m | u | u | m | m | m | u | u | m | u | m | m | m | u | m | u | u | m | u |
| 30 | u | m | u | u | m | m | m | u | m | m | u | m | u | m | m | m | u | m | m | u | u | u | m | m | u | m | m | u | m | u | u | u | m | m | u | m | u | m | m | m |